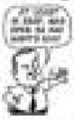
Manoling strikes again



McCann-Erickson chair's hubby dies in train accident

PHILIPPINE DAILY INQUIRER Sunday
BALANCED NEWS, FEARLESS VIEWS

Sunday, April 18, 2004 • 28 pages / vol. 19 / no. 139

Hope fading for Roco party

Lito O's moves adversely affect unity



Mt. Apo cleanup collects 500 kilos of garbage



Poll trending tells the story of Palace race

Braganza: From House to Palace to 'municipio'

SE Asia's first windmills to rise in Ilocandia

WEATHER FORECAST

Second FRONTPAGE

Roco still in pain but confident of returning

GMA orders tighter security for poll bets

PRESIDENT Macapagal-Arroyo on Saturday ordered more police protection for presidential candidates after a warning from Church leaders that communist insurgents could turn the May elections into a farce.

Comelec not gearing up to cheat, says Abalos

By Martin P. Marfil and Volt Contreras

Ping winning KNP pols to his side

Muslims for FPJ

More defections

Gloria says she wants unity talks to succeed

Susan Roces throws a punch

METRO

Editor: Abelardo S. Ulanday

Patrolling the streets pays off

By Leila B. Salaverria

Commotion

Weekend heist

Politically-motivated killing resolved as new polls near

By Tina Santos

Public warned against text scams



CONTINUING THE FIGHT
Rey Roco, son of presidential candidate Raul Roco, solicits the support and votes of vendors and patrons as he does the rounds of public markets in Manila. His father is currently seeking medical treatment in the United States for a pain in the lower back.

By Clarissa Batino

Complaints

Modus operandi

KMU dares Mar Roxas to bare thoughts on wage increase

Marikina hospital keeps funds, expands services

By Luigi del Puerto

Fears

Robin Hood policy



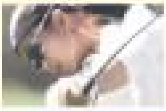
COOLING OFF
Mary Jane Aguilar, Luzviminda Roxas and Bernadeth Iglesias, three alleged armed robbers preying on students in Recto and Quiapo, Manila, sleep behind bars after their arrest yesterday.

Four gov't spies spook karaoke bar

No apparent reason

Slay baffles Manila investigators

Sunday SPORTS

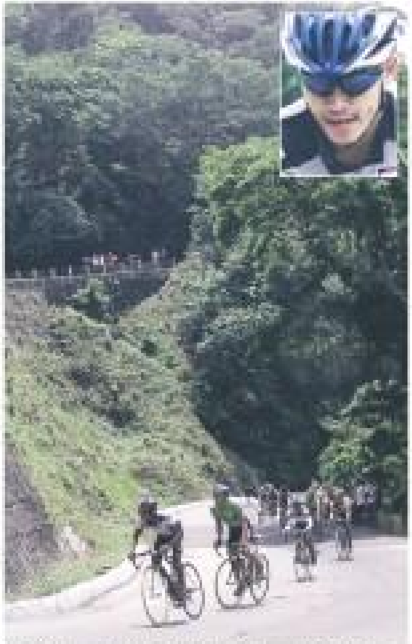








Quiñones moves up; Feliciano tops stage



Flu dashes Quirimit's title hopes

Tanduay street party at finish line

STAGE 3 RESULTS

2004 TOUR

Abaya admits state's enemies better at gathering intelligence

[illegible]

Party-list group raps DepEd plan

[illegible]

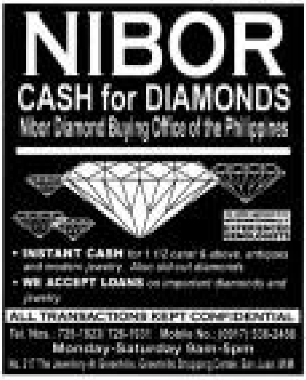
Defunct mining firm paid off terrorists, claims ex-manager

Duterte unaware

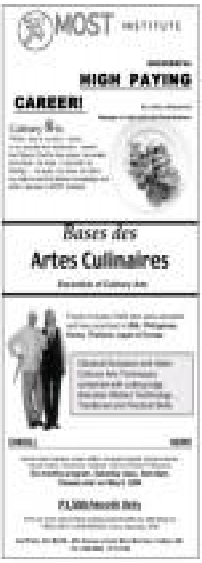
Sierra Club

NPA extortion

Gov't rules out reduced Metro water supply







Braganza: From House to Palace to 'municipio'

History

Coming home

Spice Boys

Coming home

Spartan home



Sino fishers nabbed off Spratlys

McCann-Erickson chair's hubby …



Southbound tracks

Incurable optimist

Cool guy

Very Caloy







Mt. Apo cleanup collects 500 kilos of garbage

Manoling strikes again

Secretive

Alzheimer's disease

The WORLD

Editor: Lucerito B. Guerra

US soldier held hostage in Iraq

BAGHDAD—An Arabic television station Friday broadcast footage of a US soldier held hostage by insurgents in Iraq, and friends of the soldier's family who saw the videotape confirmed his identity, making him the first US soldier known to be held hostage in Iraq.

Also on Friday, three Czech hostages and one Canadian were freed, and US President George W. Bush and British Prime Minister Tony Blair vowed not to be deterred by the increasingly violent insurgency gripping Iraq.

In the videotape broadcast by the al-Jazeera network in Doha, the soldier is shown sitting on the ground, surrounded by masked gunmen, saying, "My name is Keith Matthew Maupin."

He is wearing a desert camouflage uniform and floppy hat, stares constantly at the floor and away from the camera and says he is married with a 16-month-old child.

The translator says the soldier is in good health, had come to Iraq to "liberate" it, and did not wish to be there as he preferred staying with his child.

"The Mujahedeen Muslim fighters have detained an American soldier... and he is being treated as a prisoner in line with Islamic religion and he is in good health," said the speaker.

"We are keeping him to exchange him for some of our detainees," he said.

In the midwestern US state of Ohio, a longtime family friend who saw the tape confirmed that the soldier was Army Private Matthew Maupin.

"Our prayers have been answered," Jan Rolland told reporters from her home in Williamsville, Ohio, near Cincinnati.

"I'm sitting here looking at him right now," she said. "It's him."

Pam Stacy, a close friend of Maupin's mother, Carolyn, said: "It's really hard to sit back and watch somebody you care for go through something like this. It's his soldiers to home it boggles my mind."

Capt. Steve Frazier, of US Central Command spokesperson in Tampa, Florida, said Central's "in reviewing tape, we have not confirmed identity. The service member identified himself as PFC (private first class) Maupin, which is the name of one of the two soldiers missing."

"We don't know the abductors or what their demands are." AFP

Bush planned Iraq war in Dec. 2001, says book

[illegible]

AFP



BUSH (right) and British Prime Minister Tony Blair talking with the press during the latter's visit to the US April 16.

What nuclear whistle-blower doesn't know scares Israel

By Dan Williams

[illegible]

Ideology, ire

[illegible]

False reports

[illegible]

Reuters

Egyptian, Saudi arrested in Madrid bombings probe

Burma junta seen releasing Suu Kyi soon

HIV scare hits US pornographic film industry

PHILIPPINE DAILY INQUIRER
OPINION



The others

EDITORIAL

IT may be stating the obvious, but the country isn't electing a dictator in May 10; at least, the electorate shouldn't think it is. The government is much more than the presidency, and governance is much more than having a president and vice president. This late in the campaign, it's clear that the electorate needs to do some hard thinking about the candidates for other positions.

These positions include the 12 slots to be filled in the Senate, and the single slot voters get to fill out for party-list representatives. They also extend to the full panoply of positions that need to be filled, from representatives in the House, to governors, mayors and councilors.

[illegible]

Defeat by default

SEPARATE OPINION

Dagami A. Cruz

[illegible]

Holding on

MOMENTS

Fr. Jerry M. Orbos, SVD

[illegible]

'Against All Enemies'

REVEILLE



Ramon J. Farolan

Welcoming Bocelli

AT LARGE



Rina Jimenez-David

Religion and democracy

PUBLIC LIVES



Randy David

Anointing power with piety

PASSION FOR REASON



Raul C. Pangalangan

In defense of the Court

THEY SAID

Opposition unity

TALK of the TOWN

Senatorial bets reject people power

CANDIDATES for national office are not inclined to support people power as a tool for political change after Edsa I that ousted President Ferdinand Marcos and Edsa II that deposed President Joseph Estrada. The senatorial candidates want the people to instead use the ballot to choose their leaders. Still, some believe that people power can be resorted to in extreme circumstances when the democratic institutions have failed or where tyranny reigns.

On the issue of presidential pardon for Estrada, most senatorial aspirants say that it's too early to talk about it because the Sandiganbayan is still trying him for plunder.

Candidates	People power	Erap pardon

Across the NATION

Violence bounds Mindanao campaign as polls near

Pacificador seeks release to be able to campaign

Radio network sues Isabela mayor for ₱10M

Ex-rebel draws 57-year jail term for cop's slay

Labor group demands ₱50 increase in daily wages

BICOL CARAVAN

Militants push through party-list campaign



Historical institute stops demolition of Pampanga building

Center opened for special kids from poor homes

Inauguration

65 centers

ROUNDUP

Wanted man arrested

Illegal narra seized

Jenny back in the hunt with mentor as caddie





Kerr pads lead after a 67

Upsets mark Eagle Ridge semifinals

Jr qualifier stakes tickets to San Diego

13th Nokia Intervillage golf Monday



Tiger ends military training, then holds clinic for children

Secretary Domingo Cup set at Wack Wack

INQUIRER Mindanao

Sen. Pimentel keeps Mindanao vigil

Editor's note: The Inquirer Mindanao starts a series of articles on senatorial candidates from Mindanao.

By Ryan Rosauro
Ozamis City

AT ONE point in the country's recent history, Sen. Aquilino "Nene" Pimentel Jr. was looked up to as Mindanao's foremost hope of installing one of its own in the hallowed halls of Malacañang.

The closest opportunity for a politician from Mindanao to rule the country was when the late Emmanuel Pelaez, a native of Medina, Misamis Oriental, became vice president in 1961.

[illegible]

Arrested 4 times

[illegible]

Local autonomy

[illegible]

Digging 'Digs' Dilangalen

By Nash B. Maulana
Cotabato City

DIDAGEN "Digs" Piang Dilangalen is hoping that his adherence to and "fight for what many others believe is right" could boost his senatorial bid in the May 10 polls.

[illegible]

Muslim tradition

[illegible]

Hope fading for Roco party



Poll trending tells ...

SE Asia's first windmills to rise in Ilocandia

Sunday Biz

DOTC exec to trade post for Mt. Everest

By Clarissa S. Batino



CONQUERING Mt. Everest is every climber's ultimate dream.

Montgomery Place gives you

The Cash Light Payment Scheme



The Gold Quill and the Anvil Awards go to . . .



Vinegar now a drink . . .





DOTC exec to trade post . . .

Sunday **BIZ**

Vinegar now a drink, courtesy of native bees

[illegible]

Native bees

[illegible]

Indicator

[illegible]

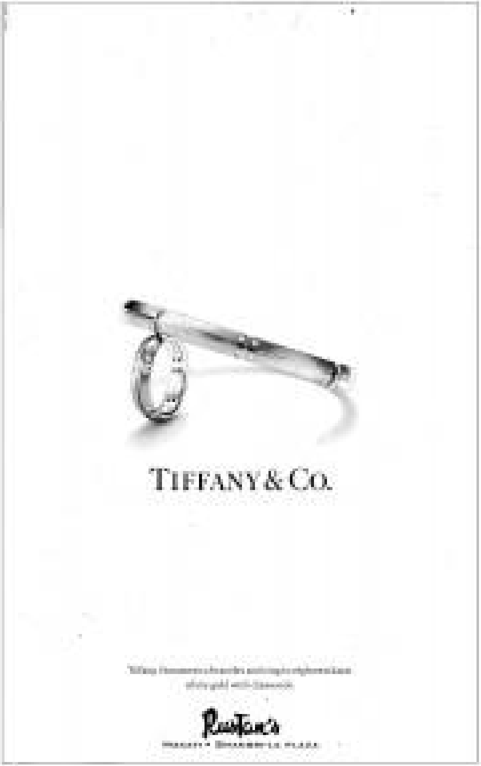
New flavor

[illegible]

Sunday LIFESTYLE



The summer I took to the skies





THE BEAR Brand Kitchen team

The summer I took . . .

From page C1

Kite flying is easy to learn although you need to get outside to cooperate and give you the winds you need. Today it has now become a competitive sport.

Recently, I relived my childhood experience when I got involved in the 14th Bear Brand Kitchen. I was part of the team that mounted the event and made sure that the competitors, the children and the spectators would have a good time.

Although I did not become an experienced kite flyer, I do know there are important things to remember:

• Don't fly near people, especially young children.

• Don't fly close to roads. Landing a kite on a road could lead to a serious accident.

• Keep away from overhead power lines.

• Don't fly near airports.

• Don't fly your kite in winds stronger than recommended.

• Make sure your kite doesn't land near a dog. In one instance, an animal has been known to grab a kite and run away with it.

Safety is the responsibility of the flyer, not the spectator.

A record-breaking 1,201 kites flew at the [illegible] Football Grounds for the opening leg of the kitechat.

The final leg of the 14th Bear Brand Kitchen will be on April 25 at the Rizal Park in Manila.

Kids can learn 3Rs at home

TAKE time this summer to teach the 3Rs to your child at home.

In the latest issue of Baby Magazine, education therapist Jenny Villalon-Tupaz lists ways to teach the kids how to read, count and identify colors using ordinary items. The monthly publication is available in SM Baby Company sections, National Bookstore branches and kids' specialty shops.

Educator Maria F. [illegible], in her column, talks about brain bars to help your child get started and stay ahead.

Baby Magazine has a nine-page spread on where kids can go this summer for intellectual, social and psychological development.

Check out the issue for details on new contests for young parents sponsored by [illegible]. Call [illegible].

Another educator, [illegible], talks about day trips you can take with your little ones.

Clinical psychologist [illegible] discusses the so-called Linus blanket syndrome—kids clinging to or get attached to certain items like pillows and blankets.

Dr. [illegible] cautions about the adverse effects of what sugar will kids. Dr. [illegible] discusses constipation in children and what parents can do about it.

[illegible], one of [illegible], is the cover boy of Baby Magazine's latest issue.

Seminar on marital annulment

IS marital annulment the last or the best option to take when love, loyalty and respect no longer exist between you and the significant person in your life?

Are you already tired, confused and stressed out over persistent marital conflicts and disagreements in your home?

A seminar providing an overview of marital annulment may help you find answers to these questions.

Organized by the Metropolitan Psychological Corp., "Overview of Marital Annulment" will be held on April 24, 9-11:30 a.m., at the Filipinas Heritage Library on Makati Avenue.

Resource person is Dr. [illegible], noted psychologist and counselor on marital relations.

Seminar topics include definitions of marital annulment, grounds for "psychological incapacity" and "personality disorder," and the use of psychological testing and assessment in annulment cases.

Seminar fee is P1,000. Call [illegible], [illegible], [illegible] and [illegible].

Lingerie for sophisticated women

WOMEN'S SECRET, a Spanish brand of intimate apparel, is now in the Philippines.

It offers a wide range of products that accentuate femininity and sensuality while embodying a sense of fun, youth, fitness and adventure. The collection includes underwear, sleepwear, casual wear and accessories.

A division of Cortefiel group and Spain's leading intimate apparel brand, Women's Secret is distributed in more than 300 stores in Europe.

Women's Secret boutiques are now open at Glorietta 3, Robinsons Galleria East Wing, Alabang Town Center, [illegible] La Plaza and Rockwell.

Sunday LIFESTYLE

For feedback, text us at
(0918) 382-4061 or (0916) 200-1160
or e-mail us at pr_lifestyle@inquirer.com.ph

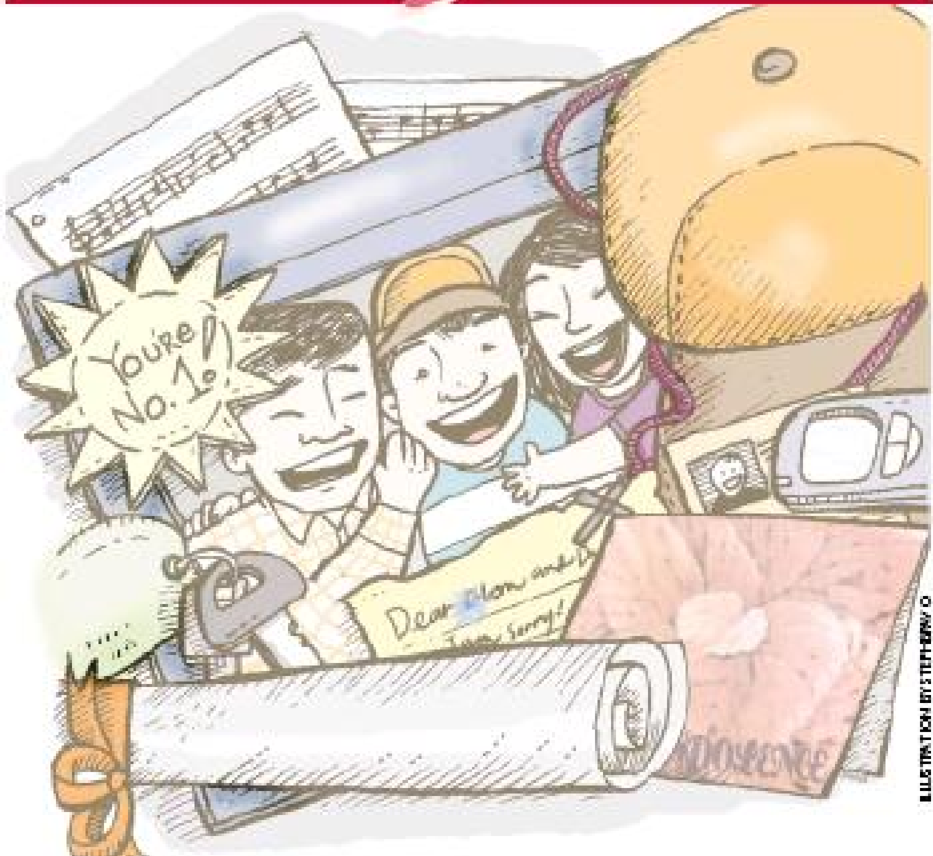


ILLUSTRATION BY STEPHEN VIO

To be young, gifted and depressed

By Cathy Babao Guballa
Contributor

LIKE the proverbial thief in the night, suicide shatters every family that it touches. More so when it is a teener who passes away.

When suicide takes place, everyone—friends, family, classmates—is left grappling, trying to make sense of the tragedy that has suddenly taken place.

Recent months have shown an alarming rise in the number of adolescent and young adult suicides, their stories often exaggerated, circulating around the schools and universities where these young people once belonged to.

Then there are the suicides which are made public due to the nature or stature of the families involved.

Suicide is defined as the decision to deliberately end one's life. In the United States, suicide is the second leading cause of death among children and adolescents. In the Philippines, according to Dr. Liza Espinosa-Rondain, a psychiatrist at the Makati Medical Center and Center for Family Ministries (Cefam) at the Ateneo de Manila University, statistics show that completed suicide more often than not takes place among 18- to 27-year-olds, and that 37 percent of suicide attempts are completed.

Rondain adds that the most common methods used are those of hanging and poisoning. Peak periods are reported to be during Christmas, February and the opening of a new school year.

"There are much more stressors and expectations, especially when it comes to adolescent relationships, during these periods," Rondain explains.

Myths about suicide

She further cites several myths associated with teen suicide.

The first myth is that people who talk about or threaten suicide don't really mean it. "Parents and friends need to be sensitive and should take this kind of talk seriously," she stresses.

It is also untrue that suicides frequently occur out of the blue, that thoughts of suicide are temporary states of mind, and that whatever crisis young people will go through will pass.

"More often than not, the suicide has long been considered and there has been a period of depression prior to it. Again, the people around the adolescent need to be sensitive to the signs and signals being given," says Rondain.

Lastly, it is a myth that suicide attempts won't be repeated again because of shame. Rondain says statistics show that four out of five—indeed, a high rate—try again.

"Closer monitoring is really a must for those who have been caught attempting suicide. Just because you were able to catch it [the first time] doesn't mean [the suicidal person] is already safe," she says.

Cordova study

Noted clinical psychologist and University of the Philippines professor Dr. Ma. Lourdes Arellano-Carandang recently wrote a paper about the family dynamics of Filipino adolescents in crisis.

> Parents need to listen closely to the songs of young people to get a clearer picture of the 'secret' world of troubled adolescents

In one part of her paper, she zeroes in on families with adolescent suicides. Carandang based her findings on an in-depth multiple case study of the dynamics of five Filipino families with completed suicides written by Cordova for an unpublished master's thesis at the Ateneo in 2003.

She says, "In the families studied, the teenagers who killed themselves could be said to be the ones who embodied the family myth or the ones who followed their parents' covert rules and wanted to fulfill their dreams. They were considered a favorite or considered as an ideal son/daughter. They also served as confidantes of their mothers. These indicate that they functioned as family caretakers. This finding concurs with the concept of *tagasalo*."

In other words, these young people wanted to help the family in some way and make their parents happy, but felt they failed.

Carandang also says they had at least one parent who had a very difficult childhood, and at least one parent who did not express emotions, is very strict, and was a perfectionist and very difficult to please.

"Fear was used to discipline the children and all made use of physical punishment," Carandang says. Most of them had children who kept secrets from the family and the family had members who did not discuss problems and conflicts with each other. All considered school/academic success as very important.

A salient observation that Carandang makes is that the family where the adolescent suicide takes place is often closed and isolated, and not connected with outsiders.

"The adolescent... is at that stage where he or she wants to explore, to seek autonomy, to separate from parents and seek outside connections, [but] then feels trapped and sees no other way out," she says.

Steps to take

She suggests that parents listen closely to the songs of the youth so as to get a clearer picture of their child's "inner sanctum," the "secret" world of the troubled adolescent.

"Their songs are often masked by loud melodies, but if you pay closer attention to the lyrics, you will better understand what goes on in their hearts," Carandang notes.

Rondain suggests that if a parent or a friend suspects a potential suicide case, it is best to trust one's suspicions and seek help.

"Tell the person that you are worried and listen to what s/he has to say. Ask direct questions and if there is a plan, but don't act

TO BE/C4

To be young, gifted and depressed

Telltale signs and what to do









GARDEN



BEACH

Wedding wise

Can't make up your mind on what to wear? Wedding gurus to the rescue!

ANYONE who has been invited to a wedding at one point experiences the frenzy best represented by the dreaded five words: "I have nothing to wear."

There's something about weddings that induces temporary insanity in people. And it's not limited to the wedding entourage either. Wedding guests are not immune to this syndrome. A wedding can set off mild anxiety in a scale equaling that experienced during a high-school reunion.

There's no telling to what lengths some people will go to look their best on the big day, whether it be going on a diet or the gym months in advance or going on a dress hunting expedition of epic proportions.

The birth of wedding themes has replaced the good old basic dress codes. Making up one's mind can be confusing.

Since we aim to be of some assistance, five of the country's most beautiful women present their take on the perfect wedding attire for morning, garden, beach, formal-evening and formal-Filipiniana weddings.



FORMAL-EVENING



MORNING

Frosé and delicious ... Chiffon dress in ... with ... and ... details



FORMAL FILIPINIANA





CONCEPCION-JALBUENA NUPTIALS

Romance interrupted



The couple found a way to be near each other and nurture a budding relationship







A showcase of memories